



Stage 2: Manifestations of Racism | *Resources to Continue the Work*

Foundational Knowledge on Race

- [Dismantling Racism Resource Book](#)
- [Understanding Structural Oppression & Racialization](#)
- [Race in America timeline](#) (from PBS's Race: The Power of an Illusion")
- [Racism Defined](#)

Socialization & Identity Development

- [Stages of Racial Identity Development](#)
- [The Cycle of Socialization](#) – Bobby Harro
- [The Cycle of Liberation](#) – Bobby Harro

Racial Identity Caucusing

- [Racial Identity Caucusing: A Strategy for Building Anti-Racist Collectives](#)

Local Racial Identity Caucuses

Wake County

- POC Caucus Leader: Genda Dockery, dockerygen@hotmail.com
- White Caucus Leader: Craig Herb, wakewc@gmail.com or craigherb608@gmail.com

Orange County

- POC Caucus: oar.orange.poc@gmail.com
- White Caucus: chapelhill.white.caucus@gmail.com

Durham County

- POC Caucus Leader: Jesse Huddleston, jhuddleston47@gmail.com
- White Caucus: durham.white.caucus@gmail.com

Internalized Racial Oppression

- [“What is Internalized Racism?”](#) – Donna K. Bivens
- [Internalized Racism: A Definition](#) – Donna Bivens
- [Internalizations](#) – Dismantling Racism Workbook
- [Internalized Racism Inventory](#)
- [Healing from the Effects of Internalized Oppression](#)
- [Internalized Racism as Oppression](#) – Suzanne Lipsky

Internalized Racial Superiority

- [White Benefits](#)
- [White Fragility: Why It's So Hard to Talk to White People About Racism"](#)
- [White Privilege: Unpacking the Invisible Knapsack](#)
- [Detour-Spotting for White Anti Racists](#) – Joan Olsson
- [The Problem with “Privilege”](#) – Andrea Smith
- [Dismantling Internalized Dominance: Increasing the Capacity of Whites to Partner for Meaningful Change](#)