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| Name: |
| Address: |
| Phone: |
| Email address: |

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| **Please return your sweat equity log sheet to your case advisor by the 5th of the month.** |

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| **Date** | **Time in** | **Time out** | **Total Hours for today** | **Worker Name** | **Location/Activity** | **Supervisor/Manager Signature** |
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HABITAT FOR HUMAN ITY OF WAKE COUNTY, 2420 Raleigh Blvd., Raleigh, NC 27604 PHONE: 833-1999 FAX: 833-8256

WAIVER OF LI ABILI TIES. As a person who is volunteering to meet the Sweat Equity requirement. I understand that Habitat for Humanity of Wake County (HFH-WC) cannot be liable for injuries/illness that I may sustain while working as a volunteer. I expressly waive any claim for compensation or liability on the part of HFH-WC in the event of injury or medical expense beyond what may be offered freely by the representative of HFH-WC.

NOTIC E OF VOLUNTEER INSURANCE provided by HFH-WC. If you are injured on the work site, HFH-WC provides a volunteer insurance policy that will pay for direct medical expenses only, which are not paid by your health insurance company.

**Sweat Equity Reminders**

1. Be sure to wear your Habitat Homebuyer t-shirt to all sweat equity opportunities.
2. **A minimum of 100 hours must be worked on Construction**.
3. A homebuyer is required to work on their home **1 full build day** (Thursday, Friday or Saturday) each week, when their construction site becomes active, **unless APPROVED by the construction superintendent.**
4. If a homebuyer volunteers for hospitality, they earn an extra hour on their total number of sweat equity.
5. Everyone who volunteers in the restore must go through **Restore orientation** before beginning to work in the restore. (Including applicant, co-applicant, outside family and friends, age appropriate family members living in the home, etc.)
6. **The homebuyer must work on their home even if they have reached the 200-hour minimum.**
7. Do not go to a Construction site mid-day if you need to work part time, you must work at minimum 4 hours beginning at 7:45 am.
8. Please do not use “air quotes” or arrows on your sweat equity log sheet, please make sure every cell is complete including signature cells.
9. **For SINGLE APPLICANTS**: **only 2 individuals (outside family and friends)** may accompany them at a time to a sweat equity opportunity and **FOR APPLICANT/CO-APPLICANT**, **as long as both are present a total of 4 individuals** **(outside family and friends)** may accompany them to earn sweat equity at a time.
10. If there are any questions about sweat equity please contact a member of the engagement staff.